

*****IMPORTANT HIV TREATMENT INFO FOR WOMEN*****



THE **ART** COMBINATION IS CHANGING IN SOUTH AFRICA

EVERYONE WITH HIV NEEDS TO TAKE HIV TREATMENT – CALLED ANTIRETROVIRAL THERAPY, ART OR ARVs.

THE NEW COMBINATION IS:

tenofovir + lamivudine + dolutegravir

This combination is called TLD.

THE ALTERNATIVE COMBINATION IS:

tenofovir + emtricitabine + efavirenz

This combination is called TEE.

IF YOU ARE PLANNING TO HAVE A BABY,

OR you find out you have HIV when you are pregnant, **OR** you don't plan to have a baby – you will need to discuss your ART and contraceptive options with your health worker.

MAKE SURE YOU GET ALL THE INFORMATION YOU NEED TO MAKE THE RIGHT DECISION FOR YOU

ALL HIV POSITIVE WOMEN SHOULD BE TOLD OF THEIR OPTIONS TO HELP THEM CHOOSE THE RIGHT ART COMBINATION.



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