

**\*\*INKCAZELO EBALULEKILEYO YONYANGO LWE-HIV KUMABHINQA\*\***



# UMXUBE WE-ART

UTSHINTSHA  
UMZANTSI  
AFRIKA

WONKE UMNTU ONE-HIV KUFUNEKA ATHATHE UNYANGO LWE-HIV  
– OUBIZWA I-ANTIRETROVIRAL THERAPY, I-ART OKANYE II-ARVS



## UMXUBE OMTSHA

i-tenofovir, i-lamivudine & ne-dolutegravir.  
Lo mxube ubizwa ngokuba yi-TLD.

**ONKE AMABHINQA ANE-HIV AMELE  
AXEDELWE UKHETHO OLUNOKUWANCEDA AKHETHE UMXUBE  
OFANELEKILEYO WE-ARV NOMSEBENZI WEZEMPILO**

### IZINCOMELO IZINCOMELO IZINCOMELO

**1**

Ukuba ukhulelwe  
kwaye awukaqalisi  
i-ART:  
UMXUBE  
OSEKELWE KWI-  
EFAVIRENZ

**2**

Ukuba ukhulelwe  
kwaye ukwi-ART  
esekelwe kwi-  
dolutegravir:  
HLALA KWI-  
DOLUTEGRAVIR

**3**

Ukuba akunqweneli  
ukukhulelwa:  
UMXUBE  
OSEKELWE KWI-  
DOLUTEGRAVIR

**4**

Ukuba uceba  
ukukhulelwa:  
UMXUBE  
OSEKELWE KWI-  
EFAVIRENZ

