

*****ZOFUNIKIRA KUDZIWA ZA CHITHANDIZO CHA MANKHWALA*****

ADVANCED HIV DISEASE

- Aliyense amene wapezeka ndi HIV, wobwereranso ku thandizo la HIV kapena sakuchita bwino pa kamwedwe ka maARV, ayenera Kuyezetsa CD4.
- Njira yabwino yopewera AHD ndi kuyamba kumwa maARV pamene CD4 ili yokwera.
- Aliyense amene ali ndi AHD ndi woyenera kuyezedwa komanso kulandira mankhwala opewera kapena kuchiza matenda ena ndi ena.



AHD NDI...
 Pamene matenda osiyanasiyana amaonekera mwa munthu amene CD4 yake ili yotsika kuchepera 200.

KHALANI TCHERU NDI ZIZINDIKIRO IZI:



AKULUAKULU NDI ACHINYAMATA

- Kupuma mobanika
- Kuchita phuma
- Kulephera kuyenda opanda wina kukuthandiza
- Kutentha kwa thupi



ANA NDI MAKANDA

- Kusowa tulo
- Kukomoka
- Kusanzasanza thupi
- Kukomokakomoka
- Kutentha kwa
- Kukanika kumwa kapena kuyamwa



PEZANI ZAMBIRI ZOKHUDZA CHITHANDIZO CHA MANKHWALA KUCHOKERA KWA ACHIPATALA

